

# DEBENHAM PARISH MAGAZINE

75p

April 2023



Auctions

Clarke &  
Simpson

# THE *Monday* *Sale*

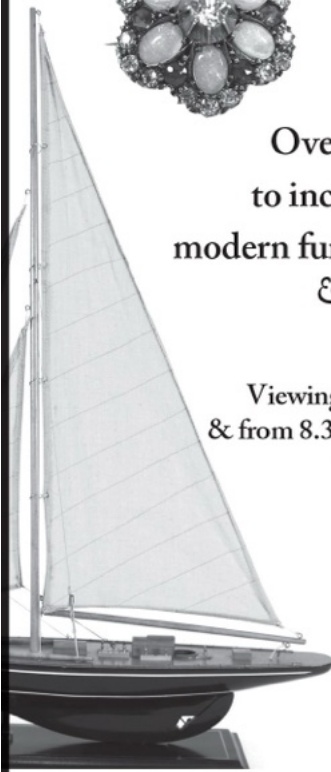


Over 1000 lots every week,  
to include cottage antiques &  
modern furniture, household appliances  
& garden machinery

Viewing every Saturday 9am – 12 noon  
& from 8.30am on the morning of the auction

Refreshments available  
from the tea room

All rooms live online  
every week at  
**the-saleroom.com**



Clarke & Simpson Auction Centre,

Campsea Ashe, Nr Wickham Market, Suffolk IP13 0PS T: 01728 746323  
www.clarkeandsimpson.co.uk  CandSAuctions  @candsauctions

## FROM THE EDITOR

As Spring seems to have arrived, I have featured some of the beautiful daffodils that make the walk up Little London Hill particularly enjoyable at the moment. That is more than can be said for a walk up the High Street as this goes to print. The fountain/water spout was short-lived but it seems the barriers and diversion are rather more of a lasting feature. I don't miss the thunderous trucks that are having to take the long way round but for those taking a smaller detour it is a nuisance and for those trying to use the pavement where some drivers think it acceptable to avoid detours altogether it must be particularly annoying!

With Spring comes the annual hedge trim, timed to allow for nesting birds but not always as aesthetically pleasing as Monty Don might deem fit. I was very amused when I received John Garrard's poem. He must have travelled the same route I did and was inspired!

The Big Help Out (Lend a Hand, Make a Change) is about to be launched. Given the nature of Debenham residents this is really nothing new but if anyone plans to do something special to celebrate the Coronation that they would like to publicise, please get in touch. Also, if you take any photos it would be lovely to feature them after the event.



On an impromptu delivery round last month I was asked by one of our readers if the magazine ever featured baptisms, marriages or tributes to those we have sadly lost. If anyone has news they would like to share I am happy to discuss it and put it in the magazine but I will not approach anyone to ask for it. Best wishes everyone.

*Jan*

### **DEBENHAM PARISH MAGAZINE**

#### **Editor & Business Advertising:**

Jan Rutherford, 17 Chancery Lane Debenham, IP14 6RN  
Tel 01728 860377

Please send copy to: [debenhammagazine@btinternet.com](mailto:debenhammagazine@btinternet.com)

#### **Business Advertising:** Richard Blackwell

Tel 01728 861815 or email: [richard.blackwell99@outlook.com](mailto:richard.blackwell99@outlook.com)

**Distribution & Subscription Coordinator:** Joy Walton Tel.01728 860007

The Editor reserves the right to shorten or modify items without notice.  
The inclusion of an advertisement in this publication does not constitute an endorsement of a product or service by either the Editor or the Debenham Parochial Church Council.

**DEADLINE for the May Magazine**  
**Tuesday 25th April 2023**  
**(Tuesday 18th April for Business Advertising)**

# Hair

*by*

## Stephen Anderson

Now Offering Nails/Pedicures by Millie

Open 6 Days a Week

23 Gracechurch Street, Debenham

01728 860230

[www.hairdebenham.com](http://www.hairdebenham.com)

# DEBENHAM GARAGE (LTD)

Repairs, Servicing & MOTs to all Makes of Cars & Light Commercial Vehicles  
(including Hybrid and Electric Vehicles)

Tyres, Exhausts & Batteries @ Competitive Prices

Diagnostics to all Management Systems

Air Con Servicing and Repairs

24hr Accident Recovery & Breakdown Service

Free Local Collection and Delivery

Courtesy Cars Available

All Work Guaranteed

Camp Green, Kenton Road, Debenham, Suffolk. IP14 6LA

Tel 01728 860597

email: [michael@debenhamgarage.co.uk](mailto:michael@debenhamgarage.co.uk) [www.debenhamgarage.co.uk](http://www.debenhamgarage.co.uk)



INSTITUTE OF THE  
MOTOR INDUSTRY



## Parish Pantry

10.00 am - 11.00 am  
every Wednesday  
Debenham Church



Collect a bag of groceries for £3



## PARISH CAFÉ



every Wednesday  
10 am-12 noon  
Dove Cottage

Pop in for a cuppa, cake and chat  
(for a donation only)



### St Mary's Art Exhibition 16th, 17<sup>th</sup>, 18<sup>th</sup> June

An early announcement of this year's dates for our ever popular Art Exhibition. Entries are already coming in so we expect a large number of original paintings will be on sale. Book the dates in your diary now.

If you would like details of how to exhibit, please look at the web address at the bottom of this article

As usual we will need volunteers to help erect, steward and dismantle the exhibition. Nearer the time there will be a sign-up sheet in the Church but please email now if you can (address below)

#### Young People's Art Exhibition

This will be held again this year alongside the adults' exhibition. Primary and High School pupils may exhibit 1 item, max A3 size. The art work must be framed and corded ready for hanging (but no all glass click frames) and they may be priced for sale or just for exhibition only. An entry form and further details are available on our website and must be returned by 24<sup>h</sup> April.

[stmarysartex.org.uk](http://stmarysartex.org.uk)

Chris Bishop ([stmarysartex@gmail.com](mailto:stmarysartex@gmail.com))



# Spiral Gallery

Contemporary Jewellery and Crafts  
 Wednesday to Friday 10am to 5pm  
 Saturday 9am to 1am

46 High Street, Debenham, Suffolk  
 07539 317986  
[www.spiralgallery.co.uk](http://www.spiralgallery.co.uk)



**MICHAEL CARPENTER**  
 Jeweller  
 for  
**Jewellery Repairs  
 Alterations Commissions  
 and Sales**

Maker of Wedding & Engagement Rings  
 and Jewellery  
 Designed to your Requirements.

[www.spiralgallery.co.uk](http://www.spiralgallery.co.uk)  
 46 High Street Debenham  
 07539 317986  
[info@spiralgallery.co.uk](mailto:info@spiralgallery.co.uk)

07534 525 263  
 01449 258 254



**Professional & Reliable Service**



**Plumbing, Bathrooms, Heating, Boilers, Servicing,  
 Underfloor Heating, Tiling, New builds & Renovations**

[enquiries@plumbinginsuffolk.com](mailto:enquiries@plumbinginsuffolk.com)    [www.plumbinginsuffolk.com](http://www.plumbinginsuffolk.com)

# Debenham Shed

Our next Craft Day will be on Saturday 15 April from 9am to 12pm, which will include more candle making from recycled wax (maximum six people), creative craft activity (contact us for more details) and will finish off the glass terrarium construction. To cover the cost of craft materials and refreshments there will be a charge per session of £10 for members, £15 for non-members. Advance booking is required for these sessions: please email [chairman@debenhamshed.org.uk](mailto:chairman@debenhamshed.org.uk).



Our “west wing” construction has now started, which will enclose the lean-to area to enable safe storage of goods for renovation and/or sale and larger tool and equipment; also a larger working area which may be used for spraying or painting in the future. We are grateful for grants from Debenham Parish Council, Mid Suffolk District Council, Adnams Community Trust and Suffolk Community Foundation. The photo shows a corner unit upcycled by Jo and now sold for Shed funds—we have many other projects on the go and need the space for more. Goods are sold on Facebook Marketplace and elsewhere.

Recently we had some visitors who want to start a Shed in Sudbury, who came to us for advice as apparently our Shed is “exemplary”! One issue was whether to call it a Men’s Shed so that men feel at home, or to give it a neutral name to avoid putting off women? It’s a difficult one, but rest assured that people of all genders are very welcome at Debenham Shed.

Debenham Shed is at 2 Fields Farm, Low Road (IP14 6BJ). We are open on Monday mornings 9am-12pm, Friday afternoons 2-5pm and normally the second Saturday morning of each month. Chairman: Dennis Morley 07976 925016. Treasurer: Tony Hutt 07906 614328. Visit our website at [www.debenhamshed.org.uk](http://www.debenhamshed.org.uk) (sign up to newsletters on the Contact page) Email [info@debenhamshed.org.uk](mailto:info@debenhamshed.org.uk) . Like our Facebook page at [www.facebook.com/DebenhamShed](https://www.facebook.com/DebenhamShed).

*What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter. Debenham shed is open to all adults.*



## Earl Soham & Cliff Quay Brewery

Unit 1a Meadow Works, Debenham, IP14 6RP  
01728 861213

Our brewery shop is open:  
Mon - Fri 10am - 4pm, Sat 10am - 1pm

We sell our beers in bottles, mini 8pt kegs,  
18pt and 36pt polybins and 72pt firkins



**CHRIS HOWARD**  
PLUMBING AND HEATING

Local, professional  
and reliable service

- ◆ All household plumbing
- ◆ Boiler servicing and installation
- ◆ Hot water cylinders

Free non committal quotes

07749315908

[chrisjhoward5@googlemail.com](mailto:chrisjhoward5@googlemail.com)

[www.chrishowardplumbingandheating.co.uk](http://www.chrishowardplumbingandheating.co.uk)

## GRAHAM MOORE ELECTRICAL LTD



Blacksmiths Cottage, Silver Street,  
Old Newton Ip14 4HF

*For all your electrical needs*  
For a friendly & efficient service

Call Graham on

01449 616946

07867560357

FREE ESTIMATES

ALL WORK GUARANTEED

## Peter Tryon Piano Tuner + Restorer

Home: 01449 736049

Mobile: 07787 486726



[peter.tryon@btinternet.com](mailto:peter.tryon@btinternet.com)

[www.petertryon.co.uk](http://www.petertryon.co.uk)

Over 30 years experience

## 4D PROPERTY IMPROVEMENTS

INTERNAL AND EXTERNAL DECORATION

INTERIOR DESIGN ADVICE

Call Danny Wilson on 01728 684024 / 07901  
656141

for a no obligation quote or to discuss your next  
project!

## Expert Foot Health Care

If you suffer from or need  
treatment for any of the  
following conditions, we're here  
to help:

Nail cutting, Hard skin, Corns,  
Thick nails, Athlete's foot,  
Diabetic care and much more.

Friendly professional service in  
the comfort of your own home.

**Contact Keith:**

**07421 743191**

(Dip FH, MCFHP, MAFHP)



## Lofty and Dave by Min Marshall



### A GREENER DEBENHAM

Debenham Parish council have received a report from The Suffolk Preservation Society that shows that Debenham is ready and willing to 'Go Green' with regard to energy efficiency and production.

Would you like to join a working group that will look at the possibilities in four different categories:

- Insulating existing homes
- Ground mounted solar panels
- Wind Turbines
- Improving sustainability in and around Debenham

If you are interested in these exciting new developments and would like to join our enthusiastic team of volunteers, please contact Richard Blackwell who will be pleased to hear from you. Please indicate which of the above categories you are interested in (could be more than one).

Richard's contact details are as below;

E.mail [cllr.richardblackwell@debenhamparishcouncil.org](mailto:cllr.richardblackwell@debenhamparishcouncil.org)

Telephone / text 07545 831050



## R & G WEBSTER NEWSAGENTS

50 High Street, Debenham

Home News Delivery Service  
to Debenham and  
surrounding villages.

We stock greetings cards,  
stationery, confectionery  
and much more.



### Opening Times

Monday	6am -1pm	2pm -5pm
Tuesday	6am -1pm	Closed pm
Wednesday	6am -1pm	2pm - 5pm
Thursday	6am -1pm	2pm - 5pm
Friday	6am -1pm	2pm - 5.30pm
Saturday	6am -4.30pm (open all day)	
Sunday	6am -12.30pm	

**01728 860294**

[webstersnews@btinternet.com](mailto:webstersnews@btinternet.com)

## WARD'S GREENGROCER

*For all your choicest fruit & vegetables*

Monday & Tuesday 8.30am - 1pm

Wednesday 8.30am - 5pm

Thursday & Friday 8am - 5pm

Saturday 8am - 1pm

*Local delivery available*



6 Gracechurch Street 01728 860343

## DEBENHAM FISH & CHIPS



Monday & Tuesday 4pm - 8pm  
Wednesday & Thursday 4pm - 8.30pm  
Friday 4pm - 9pm  
Saturday 4pm - 8.30pm

Lunchtime opening:  
Friday & Saturday 11.30am - 2pm

Phone your orders on  
**01728 860883**

Sorry - no more deliveries from January 1<sup>st</sup>

PURVEYORS OF  
**THE FINEST QUALITY**  
MEATS EST. 2013

# PALFREY & HALL

**BUTCHERS SHOP**  
**DEBENHAM HIGH STREET**

MONDAY TO FRIDAY 7AM - 5:30PM  
SATURDAY 7AM - 1PM

10 HIGH STREET DEBENHAM SUFFOLK IP14 6QJ  
01728 861113

## Forge Community Church

We meet in Debenham Sports and Leisure Centre at **10.30am** every Sunday

**I AM: Jesus in his own words. APRIL 2023**

To some, he's a good teacher, to some a prophet, to others an historical figure executed by the Romans. But who is Jesus? It's a question that has been asked, considered and debated over the last 2000 years. This man, who entered history and seemingly stirred up a revolution, made some pretty big claims about himself. Over the five weeks of April, we'll explore five of those statements – five that address some of our deepest needs and all five beginning with those two small words, "I AM...", that contain greater significance than we might first think.



2<sup>nd</sup> April – I AM the Good Shepherd

9<sup>th</sup> April – I AM the Resurrection and the Life (Easter Sunday)

*(Easter Sunday also includes baptisms, Easter Egg hunt and food after the service)*

16<sup>th</sup> April – I AM the Bread of Life

23<sup>rd</sup> April – I AM the Light of the World

30<sup>th</sup> April – I AM the Way, the Truth and the Life

Online at [www.live.forgechurch.com](http://www.live.forgechurch.com) @10.30am or on catch up [forgechurch.com/media/on-demand](http://forgechurch.com/media/on-demand). Also available on YouTube (Forge Church)

We also run a full kids & youth programme each Sunday at 10.30am.

Tots Street (0-3's), Little Village (pre school), Uptown Kids (yr1-5), Transit (Yr6-8)

Motion (Yr 9-13) meet at Stonham Baptist Church from 6-8pm every Sunday evening

NB: Kids' Material is also online at [www.youtube.com/@forgekids5376](http://www.youtube.com/@forgekids5376)

[www.forgechurch.com](http://www.forgechurch.com) · 01449 710437 · [info@forgechurch.com](mailto:info@forgechurch.com)

The Old Chapel · Forward Green · Stowmarket · IP14 5HP

Facebook/Twitter/YouTube/Instagram @forgechurchuk





# Mac Marney

Refrigeration & Heat Pump Air Conditioning  
*est 1964*

Local, family-run service for all your  
domestic and commercial  
air conditioning & refrigeration needs

contact [Glen@macmarney.co.uk](mailto:Glen@macmarney.co.uk)  
for your free quotation



## Bellflower Garden Centre

**Quality Plants • Garden Essentials • Animal Feeds**



**Delivery Service**



**Bird Feed Refills**



Find us on  
**Facebook**

01449 711103

Woodfarm Business Centre,  
Stonham Aspal, IP6 9TH

## Debenham First Responders

NHS



### Being a First Responder

One of our responders Rae has written about why she became a responder and how she has found the experience.

### Why did you become a first responder?

My brother had a serious car accident in 2011, he was airlifted to Addenbrookes Hospital where he spent 3 months recovering. So much focus during his recovery was on those first few minutes before the paramedics arrived - e.g. how much oxygen did he get to his brain? Thankfully the first person on scene was an A and E Nurse who knew how to keep his airway open. It always bothered me that if I came across a similar situation, I wouldn't have the first idea of what to do, or how to help someone. A few years later I saw an advert in the village magazine asking for Debenham First Responders so I enquired!

### How did you find the training and what did you learn?

I enjoyed the training, both theory and practical. I was really nervous for the practical exams, as was everyone, but the trainers were really kind and looking back, it was nothing to worry about! We learnt all kinds of common scenarios that we would be likely to attend - including signs and symptoms of asthma, stroke, angina, anaphylaxis and how to deliver basic life support.

### How easy/difficult have you found it give up your time to volunteer?

I've found this easy. I already give a lot of time to various charities and this feels a very worthwhile cause so I love it. It's also easy to pop myself on the rota for a day/evening that I know I'll be home - if I don't get called out, I just do things at home.

### What was it like attending your first patients?

I was incredibly nervous! But I think everyone is. I had always been nervous about the prospect of going to my first calls, but once you've done a few it gets much easier.

### What sort of jobs have you attended so far?

I've attended all sorts of jobs including possible strokes, difficulty in breathing, anaphylaxis, chest pains and much more.

### What advice would you give to anyone thinking of becoming a CFR?

Definitely go for it! It's so nice to be able to give something to the community. The prospect can seem daunting, but it's really worth it. Even on those jobs where you feel you 'didn't really do much' you're worth your weight in gold just by being there - providing that reassurance for concerned family and friends (something my co-ordinator once said to me and it's very true)!

If you would like to find out more about becoming a responder please contact our local coordinator, Bea – [belindahandley23@gmail.com](mailto:belindahandley23@gmail.com)

# HENRY ABBOTT HARDWARE

Est 1707

01728 860254

For All Your  
Household & Gardening Needs  
Serving The Community  
For Over 300 Years

Open every day

Mon - Sat 9am - 5.30pm Sun - 10am - 4pm



**Flowers, plants and gifts!**

ROBBINS FLOWERS

01728 860190

**6 High Street, Debenham  
IP14 6QJ**

[robbinsbespokeflowers@gmail.com](mailto:robbinsbespokeflowers@gmail.com)

07964788692

Emily Robbins x

Bespoke wedding  
flowers, funeral flowers  
and other events.

Various workshops  
throughout the year.

Come along and  
browse our stunning  
range of seasonal  
flowers all year round.

Offer teas, coffee and  
cake too! So why not  
order some beautiful  
flowers and enjoy the  
refreshments whilst  
you wait?



## SIMON J KIMMINS

Builder · Design & Project Control

30 years' experience of period buildings restoration  
and day to day care  
Traditional methods and materials used when relevant

T. 01728 861206 · M. 07769 691259

E. [simon.kimmins@btinternet.com](mailto:simon.kimmins@btinternet.com)



**SCOTT REGAN**  
CHIMNEY SWEEPING

Professional, clean & qualified service

- Brush & HEPA filtered vacuum
- Power sweeping
- Chimney cowls fitted
- Tar removal from chimney

Full public liability insurance



[info@scottreganchimneysweeping.co.uk](mailto:info@scottreganchimneysweeping.co.uk)

[www.scottreganchimneysweeping.co.uk](http://www.scottreganchimneysweeping.co.uk)

Tel: 01379 678881 Mob: 07962 207846 / 07740 008456

*Knitters and Stitchers, get ready!*

# DEBENHAM

## Coronation Competition

To celebrate the Coronation of King Charles III on 6<sup>th</sup> May

You are invited to submit a handmade  
Coronation/Royal themed **Cushion cover** or **Tea cosy**  
*(Sewn, knitted or crocheted)*

Pick up an entry form and full instructions from  
Webster's Newsagents or Kelly's Crafty Corner.

Deadline for submissions is Saturday 22<sup>nd</sup> April

Prizes for winners and all entries will be on display in Debenham

### Collect Lego Vouchers for our Primary School

EADT newspaper has launched a new campaign to give primary schools the chance to win vouchers to spend on Lego educational toys. The aim is to get children and teachers to re-think STEM learning and encourage children with Lego® Learning System.



Sir Robert Hitcham Primary School, Debenham is collecting tokens,  
**please cut out all newspaper Lego Tokens and take them to Webster's Newsagents.**

Tokens will be in the East Anglian Daily Times and Ipswich Star .

They will appear from 20 February, and the final token on Sat 29 April.

## Deben Coffee House

7 High Street, Debenham.

Coffee, cakes, bread and  
bakes

Sausage Rolls                      Coffee  
Cheese Scones                      Bread  
Bread Pudding                      Flapjack  
Fresh, locally sourced produce

Takeaway or order for  
collection  
01728 861582

8am-1pm Monday-Saturday  
NOW OPEN THURSDAYS

BOUNDARY KENNELS



AND TRAINING

Boundary Cottage,  
Framsden, Stowmarket,  
Suffolk IP14 6LH.

**01728 861262**

info@boundarykennels.co.uk  
www.boundarykennels.co.uk

## LIMES GARAGE

- MOT TESTING
- DIAGNOSTICS
- ALL GENERAL REPAIRS
- LOCAL COLLECTION & DELIVERY SERVICE
- QUALIFIED EXPERIENCED MECHANICS
- SERVICING
- TYRES

Find us at Unit 21 Lewis Farm, Pettaugh  
Road, Stonham Aspal, Stowmarket

We are just up the road from Stonham Barns on the  
A1120 or put IP14 6AU in your SAT NAV.



Tel: 01473 890335  
Email: mark@limesgarage.co.uk  
www.limesgarage.co.uk

## PEST CONTROL SERVICES

Rats • Mice • Moles • Rabbits  
And all insects **RSPH**  
QUALIFIED



Call Mark Sillett

**07733 131089**

**01473 463178**

E: msillett@yahoo.co.uk

**Debenham & District Garden Club  
April 19th**

**A talk by Saffron Summerfield – When Birds Sing**

**We would really welcome new members to the Club.**

**Meetings comprise a variety of talks and outings which are usually held on the third Wednesday of the month at Coopersfield, Aspell Road, Debenham at 7.30pm unless there is an outing when details will be specified (no meetings August and January)**

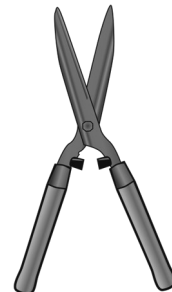
**Membership fee: £20 per annum. Guests £5.00per meeting – includes refreshments**

**Just arrive on the evening or contact: Fiona Reid on 01728 860479 or Ann Evans on 07857680877 for further information.**

**Love of Nature.**

There are a few that can cut it. There are some that just fail.  
Those with the skills and the love of the task.  
And those without care, who slash with a flail.  
You must have seen. What I mean. Around our village and further afield.  
Travelling the roads and lanes. The hedges beside the fields.  
What a pity, shameful it's true. Why not take the trouble.  
So that hedges can grow anew.  
If anyone wants to see, hedge care at its best.  
Travel to Earl Soham, where the skills put to shame, the rest.  
Where hedges are so pristine. Sharpened blades used. Not the flail.  
Time taken for the love of Nature. Leaves a beautiful rural scene.  
Hopefully, more will use razor sharp cutters.  
Which take less time to trim a top.  
Looking to the future. Let's hope this destruction will stop.  
Thank you Nature lovers, in this village and further away.  
When I see a pristine hedge. It really makes my day.

John Garrard





**DAVEY+GREEN**

**RIBA CHARTERED ARCHITECTURE PRACTICE**

RESIDENTIAL EXTENSIONS  
BESPOKE NEW DWELLINGS  
RESIDENTIAL DEVELOPMENT  
OUTLINE PLANNING  
CLASS Q CONVERSIONS  
BARN CONVERSIONS

**CONTACT:**

*admin@dg-arch.co.uk*  
*www.dg-arch.co.uk*  
07734 330490 or 07720 754696

THORNDON, SUFFOLK



**S Foot Care Solutions**  
**N. Oben**

NVQ2 S.A.C. Dip RFHP

*Mobile Foot Health Care Practitioner*

07877 000902

*ndip@sfootcaresolutions.co.uk*  
*www.sfootcaresolutions.co.uk*

**FOOT CARE YOU CAN TRUST**

- Nail Cutting
- Fungal nail
- Corns and Callus
- Ingrown toenail
- Verruca
- Flat feet
- Hard Skin
- Heel pain
- Cracked skin
- Diabetic foot care

## MPD TANKS

*For all your oil tank needs*

Steel and Plastic Tanks  
available  
Free Estimates  
Fully Insured



07708 395889  
01449 767820

## TankChange Ltd

**Suppliers & Installers  
of Oil Tanks**

Family Business with  
Over 40 Years Experience  
Steel & Plastic Oil Tanks available  
Fully Insured OFTEC Registered  
Engineers.

Telephone: 01449 781210  
(Out of hours: 01449 781498) /  
Mobile: 07899 898720

Email: Ter-  
ry@TankChange.co.uk

Visit our website @:  
[www.TankChange.co.uk](http://www.TankChange.co.uk)

***Discounts available to parish  
magazine readers***



## Debenham History Society - Lecture Season 2023

**Tuesday 4th April 2023**

### **Become a House Detective**

Stephen Poulter explains how to investigate the background of historic properties, detailing how he uncovered the history of his 17th century cottage.

**Tuesday 9th May 2023**

### **The Stowmarket Navigation, The Rise and Fall of the River Gipping**

Gerry Crease of The River Gipping Trust explains how the River Gipping developed in to a busy trade route connecting Stowmarket with the sea via the River Orwell before being impacted by the introduction of the steam train.

**Tuesday 6th June 2023**

### **Over Paid, Over Sexed & Over Here, The American Air Force in East Anglia 1942 – 1944**

Geoffrey Kay tells of the arrival of the Eighth US Army Air Force in East Anglia and how the air and ground crew of American GIs who, by 1944, sometimes outnumbering the local population by fifty to one, were received and the experience of the GIs who found themselves at war in the region.

**Tuesday 4th July 2023**

### **The Work of Master Mason, Hawes of Occold**

Dave Steward tells of the work of Master Mason, Hawes, a skilled stone mason, with a career which extended from about 1410 to 1440, Hawes developed characteristic features in the design of stonework on Suffolk churches, several examples of which can still be seen in St Mary's Church, Debenham.

**Location:** The Long Room, Debenham Vet Practice, 1 Cherry Tree Lane, Debenham

**Commencing:** 7.30pm unless otherwise listed

**Cost:** £3 per session for members and visitors

### **Local Film Clubs (continued)**

A film club omitted from my previous report was Stonham Aspal Cinema, which happens monthly at Stonham Aspal Village Hall. Only four miles away, the entrance fee of £3 includes refreshments. Doors open 7.30pm, and the film starts at 8pm. Future dates are: 26 April, 10 May, 28 June and 26 July. To get details, email Elizabeth at [elizabethtydeman@gmail.com](mailto:elizabethtydeman@gmail.com) to get on the cinema mailing list. Details are also published in *Ten Village News* magazine which circulates to the ten parishes in the North Bosmere Anglican benefice, but sadly not included on the website at [www.stonhamaspal.co.uk](http://www.stonhamaspal.co.uk).

*Tony Hutt*



**Save the Date!**

**Winston Fete**

**Saturday 1st July 2 till 4 pm**

Raffle tickets  
available soon



**Sale + Coffee  
Morning**

**Saturday 1st April  
9:30 - 12**

**Dove Cottage  
Debenham**



in aid of



**Cakes, books, bric a  
brac, raffle + more**



**Raffle tickets available from Ruby + The Angel**

## Friends of Debenham Library



We had a great time with our quiz to celebrate **Suffolk Libraries Day** last month with 38 people taking part. On the Sunday we had Afternoon Teas and several craft stalls, raffle, bric-a-brac, lucky book dip, tombola and storytelling going on in the School Hall. A total of £507 was raised for Suffolk Libraries. Afternoon Teas will continue once the weather is better outside!

### FREE Craft and Story Trail workshop

A drop-in event on **Thursday 6th April** from 1-4pm at Debenham Library. Come along to help make craft items for our brand new Debenham Story Trail. There will also be a drawing challenge and the chance to vote for what you would like to see in the Trail. As well as making items we will use for the trail, you can create an Easter decoration to take home. The trail is a community collaboration led by local author and illustrator Vibeke Flatman (author of *At the End of the Rainbow*, a story about a bird called Alvin) and supported by Get Suffolk Reading, Kelly's Crafty Corner and Debenham Library.



### Did you know ....?

**There are almost 2,000 customers registered at Debenham Library. Thankfully they don't all come at once!**

**Warm Spaces:** Debenham Library continue to offer free hot drinks on a self-service basis, funded by Suffolk Libraries. Come and make yourself a drink while you browse the books, read or use the computers.

*Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, CDs and audiobooks, downloadable films/music/audiobooks/ebooks, free reservations. The room is available for hire outside opening hours.*

School Corner, Debenham IP14 6PL (next to the Primary School). Opening hours:

Tuesday: 0930 am – 1300 pm      Wednesday : 1500 – 1930 pm

Saturday: 0900 am – 1300 pm      Sunday: 1200 – 1600 pm

Tel: 01728 861940      [www.suffolklibraries.co.uk/visit/locations-and-times/debenham-library](http://www.suffolklibraries.co.uk/visit/locations-and-times/debenham-library)

Facebook: DebenhamLibraryAndFriends  
[debenham.library@suffolklibraries.co.uk](mailto:debenham.library@suffolklibraries.co.uk)

Email:

## DK Appliances Ltd

**Appliance repairs & sale of new & reconditioned appliances**

*DK Appliances is your answer to an experienced domestic appliance retailer and repairs specialist*

DK Appliances,  
Finbows Yard, Station Road, Bacton, IP14 4NH  
Phone: 01449 780398  
Email: [dkappliances@yahoo.co.uk](mailto:dkappliances@yahoo.co.uk)

## Domestic Appliance Repairs



**For local, reliable service please call Alan:**

**01449 613457 or 07508 051 518**



**2 Chancery Lane, Debenham**

*For all your haberdashery needs craft workshops and so much more*

**Mon, Wed, Thurs, Fri, Sat, 9am - 4pm**  
**Closed Tuesday and Sunday**

**01728 598550**



**Oak Corner  
Garden Care**

*All garden work undertaken*

With over 30 years service as a Head Greenkeeper and qualifications in all aspects of the garden. Fully insured. Call me today for a no obligation quotation and any reference requirements

Alan Sutcliffe  
07795 368768

[alan.sutcliffe33@gmail.com](mailto:alan.sutcliffe33@gmail.com)



## R & M POND SERVICES

**RIVERS | LAKES | DITCHES | MOATS | DREDGING**



**R & M PONDS Services Ltd**

We specialise in supplying and installing oak sleepers for retaining walls and jetty's for all types of watercourses.

The supporting posts are knocked into place with a 'Hydraulic Post Knocker', designed by R & M Pond Services

For more information contact Richard on 07811 175 533 or email [rmponds@gmail.com](mailto:rmponds@gmail.com)

**CALL US ON**

**01449 763503**

**01787 703477**

**WWW.RMPONDS.CO.UK**



# Saturday 1<sup>st</sup> April



9am - 11 am  
Outside 'The Lion'  
on the village green



**we are collecting:**

medicine **blister packs**, **pens**,  
**toothpaste tubes** and **toothbrushes**  
**'Tetra Pak'** cartons  
and **contact lens** packaging



**AND...**

## Try an e-bike!



Learn about e-bikes,  
get advice from an  
expert and take  
one out for a  
short led ride

*Bikes kindly provided by*  
**VIRTUE ELECTRIC BIKES**

**Enquiries to [debenhamgreenteam@gmail.com](mailto:debenhamgreenteam@gmail.com)**

# SIR ROBERT HITCHAM CEVAP SCHOOL & NURSERY

Debenham Suffolk IP14 6PL Telephone/Fax 01728 860201  
Email [admin@sirroberthitcham.suffolk.sch.uk](mailto:admin@sirroberthitcham.suffolk.sch.uk)  
[www.sirroberthitcham.suffolk.sch.uk](http://www.sirroberthitcham.suffolk.sch.uk)



## News from our Classes

### VIOLET CLASS

'Hello Spring!'.....the text which Violet Class shared to begin their next topic 'Spring'. The children have been using their senses to investigate and explore the environment around us and make comparisons with 'Winter' and 'Autumn'. We have been outside looking, listening, smelling and feeling for signs of Spring. The children have written facts about Spring and used descriptive language to describe the new season. There has been lots of creativity using different materials, tools and techniques to create blossom trees, spring flowers, leaping lambs, jumping frogs, chirruping birds and bouncing bunnies. The children have learnt about the life-cycles of chickens and frogs.

The 'Open the Book' Team always engage the children telling and acting out stories from the Bible. They have just started telling the 'Easter Story', which will support the children's learning and understanding in the classroom. Of course, you can't celebrate Easter without chocolate, so we will be making chocolate Easter Nests! The children will process through the village to the Church for our Easter Service on the afternoon of Friday 31 March wearing the Easter Bonnets, which they are creating at home.

### INDIGO CLASS

We have been reading the story, 'Michael Recycle' and finding out ways we can look after our world. We have written instructions to let people know how to be green. Our favourite ideas were:

- go on a litter pick;
- collect rain water to water the garden;
- turn old things into new things; and
- grow your own vegetables.

We are going to try our ideas out at home!

### BLUE CLASS

In Blue Class the children have been learning about their rights and how the rights of others can be respected. In Art the children have been learning to create prints using positive and negative stencils and direct prints using objects they have found. The children have been learning to do a range of moves in gymnastics, such as forward rolls, backward rolls, pencil toll, tucked dish, high leg kicks and dip steps. Also, in DT they have finished sewing their finger puppets and have added the final features.

### GREEN CLASS

This month in Green Class we are learning about formal letters and the features of writing a letter of persuasion and we are using the book, 'The Last Garden', as the stimulus for our writing. In maths we are just starting a new unit of work on mass and capacity and how to identify and read scales when measuring. Last week we had an impromptu visit from a 3-week-old lamb called 'Pancake', that had us all mesmerized.



### YELLOW CLASS

Last week Year 4 visited Foxburrow Farm and spent a day working with Suffolk Wildlife Trust. We examined the habitat of invertebrates and the habitat of the pond then used observation skills and sorting techniques to recognise trees.



### ORANGE CLASS

Orange Class have been looking at the work of artist Dale Devereux Baxter, particularly at his use of symbols to represent events in his life. We had a go at creating a collage of our own symbols to represent a day in our week!

### RED CLASS

Year 6 are wading into their river studies, learning about the different features and processes at work, along the journey of the river. All our hard work will help us prepare for our field trip, at the end of April, to Flatford Field Studies Council. In maths we have been recapping fractions, decimals and percentages, and learning to convert them, to help solve 'everyday problems'. The past few weeks, have seen us rising to the challenge of a new English curriculum - with exciting autobiographies and narratives with a moral, being written.

Andy came to our March meeting, and told us about his inspiring work as a Falconer. We were lucky enough to see, close up, a couple of his birds and we discovered so many interesting things about them. At our February meeting we all had a go at 3D Origami with Jonathan, who was very patient and made sure that everyone created an origami flower. In June we are going to hear about Sutton Hoo and in early summer we are going to have our version of Tea at The Ritz, without even needing to leave Suffolk! If these sound like things that interest you, why don't you come along to one of our meetings and see if you'd like to join us? We meet on the first Monday evening of the month, at Coopersfield. For further information, please contact our Secretary, Lizzie, on 01728 861067 or email [lizzie.debwi@outlook.com](mailto:lizzie.debwi@outlook.com)




**ROOFLINE - PLUS**  
Look Up!  
**BUILDING & ROOFING CONTRACTOR**

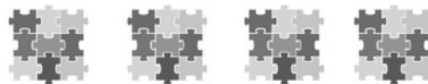


**CHIMNEYS REPOINTED / REBUILT / REMOVED**  
**HOUSE / WALL REPOINTING**  
**GUTTERING / FASCIA REPAIRS / ROOF REPAIRS**  
30+ YEARS EXPERIENCE - ALL WORKS GUARANTEED  
FOR FRIENDLY ADVICE AND A FREE CONSULTATION CALL  
**01449 763218 - 07500 823292**

**JIGSAW PUZZLE EXCHANGE**

Every Monday @ Dove Cottage 10-2pm  
Pop in and pick up a puzzle new to you for free by swapping for one you have already completed or borrow one and bring it back when finished with.

Hosted by the Monday Meet Up Team.



**Live Music**

Honey and the Bear's concert at Debenham Community Centre on February 25 heralded the start of more regular live music there. Nearly 200 attended to see this superb folk/roots band led by Lucy and Jon Hart. The aim is to bring to our village a range of top quality musicians with 5 or 6 gigs a year.

Booked for 2023 are 'The Arlenes', a Norwich based, americana/country influenced rock band on April 22. Folk/Americana/ duo 'Hannah Sanders & Ben Savage' play on June 2, after completing a 26 date tour as support for Fairport Convention. On September 30, a

chance to get out of your seats for local Ska band, 'Rude and Reckless'. The year's music ends on November 17 with 'The Grey Project', an 8 piece jazz/soul/funk band.

Online ticket bookings - <https://www.debenhamsportsandleisure.co.uk/music.html> For more detail contact [events@debenhamsportandleisure.co.uk](mailto:events@debenhamsportandleisure.co.uk) or telephone on 01728 861101.



**Mid Suffolk Healing Rooms in Debenham**

The Healing Rooms meetings will be held on the 3rd Sunday of each month at URC, Chancery Lane, Debenham, IP14 6RN, from 6pm to 8pm (drop in between those hours).

Contact Sarah Lander  
07934 984657

**Sprigs of Thyme-English Songs with English scones!**

Eye Bach Choir is inviting you to come and listen to an afternoon of English songs while enjoying an afternoon tea in Eye Town Hall at 4 o'clock on Sunday 21st May. The choir will be singing well-known folk songs arranged by John Rutter in his suite 'A Sprig of Thyme', including The Bold Grenadier and The Keel Row. In addition, songs by other notable English composers, such as Ralph Vaughan Williams, Edward Elgar, Arthur Sullivan and Alexander L'Estrange, will evoke a sunny, tranquil, afternoon in May.

Tickets are £12 and include afternoon tea, available from The Handyman in Eye, <https://www.wegotickets.com/event/574172> and via our website (see below) In 2024 Eye Bach Choir will be celebrating its 50th Anniversary and plans are afoot to present a Festival of Music in Eye in May 2024, so watch out for notices about it. We are a professionally rehearsed choir under our Musical Director, Leslie Olive and our accompanist, Karen Smith. We meet on Friday evenings in Eye Town Hall between September and May. About 40 strong in number, we are always keen to welcome new members who would like to explore the benefits of singing and to enjoy the friendship and camaraderie of being part of a team. We encourage people to come to rehearsals free of charge for a few weeks to try us out ! More details can be found on our website [www.eyebachchoir.co.uk](http://www.eyebachchoir.co.uk)



Helen Bateman  
*Travel*

Perfect for luxury escapes  
cruising, tailor-made itineraries  
active adventures, small group  
tours & family holidays

Contact: 01728 850024  
[helen.bateman@travelcounsellors.com](mailto:helen.bateman@travelcounsellors.com)  
Let me help you plan your perfect break...

travel counsellors 

With us...it's personal  ★ Trustpilot    

# CHILDREN'S EASTER CRAFTS MORNING



**SATURDAY 8th APRIL,  
DOVE COTTAGE, 10.30 am**

***With refreshments!***

***All welcome!***



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

**KING'S  
CORONATION  
GARDEN PARTY**  
& SONGS OF PRAISE

SATURDAY 6th MAY, 3.30pm  
DOVE COTTAGE & CHURCHYARD

Bring Your Own Picnic Tea, Cakes & Pimms available to buy  
5.00pm Songs of Praise in St Mary's Church

THE BENEFICE OF  
DEBENHAM & HELMINGHAM



**family@church**  
**Sunday 2<sup>nd</sup> April**  
 St Mary's Church, Debenham  
 9.30am - Breakfast, 10am - Service begins



- A friendly and informal service
- Free breakfast
- Crafts for children
- For the young and not so young!
- **Everyone welcome**




Palm Sunday

THE BENEFICE OF DEBENHAM & HELMINGHAM

**BANGERS AND MASH**  
**Saturday 29<sup>th</sup> April**  
 12 for 12.30pm in Dove Cottage



Raffle

In aid of St Mary's Church

Lunch (vegetarian option), including homemade dessert - £8  
 Bring your own drinks, water provided on the table  
 Please purchase tickets in advance,  
 from Chris Bishop (07957 186206) Betty Connors (860513)  
 or Webster's Newsagents

**Debenham Fire Station  
 Recruiting On-Call Firefighters**



**Please attend our Recruitment Open Evening on  
 Monday 24 April at  
 Debenham Fire Station at 19:00**



To register your attendance, please call Martyn Hazelwood on 07935 009985  
 or email: [suffolkfire.oncall.recruitment@suffolk.gov.uk](mailto:suffolkfire.oncall.recruitment@suffolk.gov.uk)

If you were unable to attend the Recruitment Open Evening but would like to register your interest in becoming an On-Call Firefighter, please contact Martyn Hazelwood.

**ALL SAINTS CHURCH, KENTON**



# **EASTER SERVICE**



**9th APRIL  
11.00 am**



**Followed by a hot cross bun and coffee  
with an Easter Egg Hunt (for all ages!)  
All welcome!**



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

www.debenhamsportsandleisure.co.uk

Open 7 days a week 01728 861101



### Save the Date

**Saturday 6th May**  
Family Fun Day  
come and join us for  
inflatables, live music, the  
coronation on the TV  
  
more details to come

### Our New Restaurant Opening Times

Wednesday - Friday 9:00 - 14:00  
Thursday Pizza Evening 17:00 -  
20:00  
Friday Evening 17:00 - 20:00  
Saturday Brunch 9:00 - 12:00  
Sunday Lunch,  
bookings advisable  
13:00 - 17:00

### THE ARLENES



**Saturday 22nd April**  
at 19:30

[BOOK NOW ONLINE](#)



**SUFFOLK**  
Community  
Foundation

### Upcoming Events in April 2023

- Wed 5th** - Golden Years Games Club 9:30-11:30
- Thu 6th** - Lunch Club 12:30, call to book
- Fri 7th** - Good Friday Open 12:00-18:30 & Golden Years Games Club 13:00-15:00
- Sun 9th** - CLOSED
- Mon 10th** - Open 12:00-18:30
- Wed 12th** - Golden Years Games Club 9:30-11:30
- Fri 14th** - Golden Years Games Club 13:00-15:00 & Quiz Night 19:00, call to book
- Wed 19th** - Golden Years Games Club 9:30-11:30 & Accordion Group 12:00
- Thu 20th** - Lunch Club 12:30, call to book
- Fri 21st** - Golden Years Games Club 13:00-15:00
- Sat 22nd** - The Arlenes Music Event 19:30
- Wed 26th** - Golden Years Games Club 9:30-11:30
- Fri 28th** - Golden Years Games Club 13:00-15:00
- Fri 28th** - Bingo 19:00



#### KAGERA COFFEE MORNING

A huge "thank you " to everyone who made, sold or bought cakes, refreshments and candles at the coffee morning. A big " thank you" also to the Kagera link leaders who joined us and showed and told us about the life of the people of Kagera. These people , living in a very poor region of Tanzania want to be able to live life independently and the money we raise buys tools, equipment and training to help them do that.

We - you - raised a fantastic £600 towards this , so again

THANK YOU.

#### DEBENHAM PAROCHIAL CHURCH COUNCIL



#### Please consider giving to your local church on a regular basis.

One interesting way of being able to give to the church, either on a regular or one off basis, is to use the Parish Giving Scheme which is available on-line and is very easy to use.

The system is very secure and enables you to set up a regular (monthly / quarterly / annual) donation to Debenham church and is covered by the direct debit guarantee. If you are a UK tax-payer, then Gift Aid can be set up to automatically be added to your donation.

The website is found at: [www.parishgiving.org.uk](http://www.parishgiving.org.uk) (or use below QR code)

Once you have found the web page, simply follow the below steps to donate:

Find Your Parish

Enter postcode

Enter Parish

Search

Donate

Give Now



If this is your first visit to the site, you will need to register (a simple process) first.

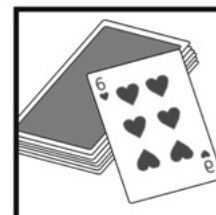
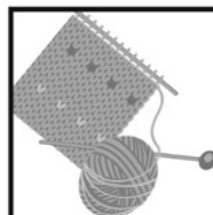
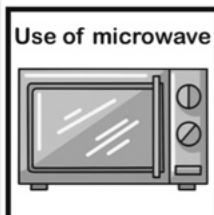
The 'Parish Code' that is required is: **330633441**

Once registered, you can log in and complete the donation form on-line. You will get an email to confirm the details you have set up to make a regular donation.

Please consider this simple way of giving to St. Mary's, Debenham and ensuring that it can continue delivering the support and wellbeing to our wonderful community. Thank you.

# Debenham Monday Meet-up

**Every Monday  
10am – 2pm  
Dove Cottage, High Street**



## Everyone Welcome

Sponsored by Debenham Parish Council as part of the Warm Space Initiative

# Debenham Wellbeing Clinic



Osteopathy  
Acupuncture



General  
Osteopathic  
Council

Specialist Wellbeing Care

By Simon Boyd D.O. BSc

*Back Pain    Neck Pain    Sciatica*  
*Headaches    Joint and muscle pain*  
*Sports Injuries    Arthritis & RSI*  
*Cranial Osteopathy    Pre & Post -Natal*


Book an  
appointment to find  
out how we can help

07816 336 275

Call or text for more info

@ Meraki Hair, 4 High Street, Debenham

[www.debenham-wellbeing.co.uk](http://www.debenham-wellbeing.co.uk)

 @debenhamwellbeing

## Ruby & The Angel

THOUGHTFUL GIFTS & DESIRABLE TREASURES  
[www.rubyandtheangel.co.uk](http://www.rubyandtheangel.co.uk)

A beautiful independent shop in the heart  
of the Suffolk village of Debenham

Stocking a wide range of  
• Unique gifts for him • Unique gifts for her • Unique gifts for kids  
• Accessories • Clothing • Jewellery • Handbags • Home décor

*with love  
and thanks x*

Open Monday-Saturday 10am-5pm or online 24/7  
Find us at 66a High Street Debenham Suffolk IP14 6QP

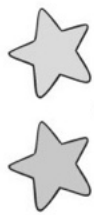
## Ruby & The Angel ECO

PLANET LOVING GIFTS  
[www.rubyandtheangel.co.uk](http://www.rubyandtheangel.co.uk)



Open Tuesday to Saturday, 11am - 4pm or online 24/7  
Find us at Cross Green, Debenham IP14 6RW  
Tel: 01728 861969 email: [info@rubyandtheangel.co.uk](mailto:info@rubyandtheangel.co.uk)  
[www.rubyandtheangel.co.uk](http://www.rubyandtheangel.co.uk)





Sir Robert Hitcham CEVAP School and Nursery  
 Debenham, Suffolk IP14 6PL  
 01728 860201  
 admin@sirroberthitcham.suffolk.sch.uk  
 www.sirroberthitcham.suffolk.sch.uk



**Applications for Nursery for September 2023 Welcome**



If your child was born between 1 September 2019 and 31 August 2020, he/she is eligible to join the Nursery at Sir Robert Hitcham Primary School, Debenham, from September 2023.



Our Nursery runs every day during term time from 9.00am to 3.00pm and you can apply for as many, or as few, sessions as suits you and your child.



We are very proud of our Nursery, which is led by an experienced qualified teacher and nursery nurse. The children in Nursery not only make significant progress with their learning, but it also supports them with the transition to primary school. The Nursery benefits from a large, well equipped Early Years outdoor area, in addition to the school's playground, extensive field and Forest School area.



Places are available in Nursery for the Summer Term for those children born between 1 September 2018 and 31 August 2019.



Please don't hesitate to contact the School Office on 01728 860201 to arrange a time to visit the Nursery.





## **EVERGREEN GARAGE CROWFIELD LTD**



GOSBECK ROAD CROWFIELD IP6 9TB

**DEALER LEVEL DIAGNOSTIC AND PROGRAMMING FOR VOLKSWAGEN  
AUDI - FORD - PEUGEOT - RENAULT - JAGUAR - LAND ROVER**

Latest Hunter wheel alignment and wheel balancing equipment  
to rectify poor handling and tyre wear

Good selection of tyres stocked, MoT Testing

Air conditioning service and repair

Routine servicing histories maintained

Attended forecourt service, Petrol, Diesel, Calor Gas

Modern fleet of Courtesy Cars, Collection & Delivery service available

All major credit cards accepted

Established 39 years

**Tel: 01473 890377**

Email: [jim.davey@evergreengarage.co.uk](mailto:jim.davey@evergreengarage.co.uk) - [www.evergreengarage.co.uk](http://www.evergreengarage.co.uk)

## **WASH FARM BARN SWIMMING**

In easy reach of Eye, Debenham and Framlingham

Keep fit and have fun



Come and enjoy luxury private swimming in our beautiful  
listed barn. Cost £18.00 per session for up to 8 people.

For further details visit our website

**[www.washfarmbarn.co.uk](http://www.washfarmbarn.co.uk)**

or contact us on 01379 678252



01728 862003

[www.the-debenham-project.org.uk](http://www.the-debenham-project.org.uk)



**Hi everyone,**

**A date for your Diary**

**The Debenham Project – A New Horizon**

**7.00 pm May 15<sup>th</sup> 2023**

**Debenham Community Centre**

Dementia is the greatest challenge since the creation of the NHS for the health and wellbeing of us all, and especially for our elderly family members, friends, and neighbours. Virtually no-one, old or young, has not been touched by it. Currently, there are no cures, and clinical treatments to delay or alleviate the symptoms are limited.

It was in this context that The Debenham Project was set up 14 years ago to offer support to family carers and those they care for who are living in Debenham and the surrounding villages. Since then it has very successfully provided a wide range of activities, services, information, and advice.

Carers Club and Info Café, Lunch Clubs, Exercise Therapy, Transport,  
Advice and Information, One-to-One support, etc.

As I have mentioned in previous articles, following Covid, we decided to completely review all aspects of the Project. I am pleased to say that we are approaching its completion and are inviting you all to join us in the Community Centre on May 15<sup>th</sup> to hear how this special community project has supported those who have been living with the impact of dementia on their lives over the past years, and how it aims to continue for the next decade and beyond.

Watch out for the posters later-on in the month.

With all my best wishes,

Lynden Jackson



**CRYSTAL  
CLEAN**

Specialist Cleaning Services

Carpets  
Upholstery  
Hard Floors  
End of Tenancy

**Mark Underwood**

01379 678806  
07984 648296  
info@crystalclean.services  
www.crystalclean.services



**FARTHING**

FUNERAL SERVICE

• Celebrating 175 Years •

The same high standard of  
service from the same caring team -  
previously known as Pecks,  
we are here  
to serve you as always.

44 Aspoll Road

Debenham **01728 860269**

[www.farthingfunerals.co.uk](http://www.farthingfunerals.co.uk)



**Need help  
with your PC?**

***Debenham & District***

**Friendly advice & training  
Repairs & upgrades**

*No fix, no fee*

Windows – Web – Email  
Microsoft Word & Excel expert  
Home network – WiFi – TV links  
***At your Home or Business***

Phone Chris on 0757 069 5279  
or email: [info@ubestree.co.uk](mailto:info@ubestree.co.uk)  
[www.ubestree.co.uk](http://www.ubestree.co.uk)

**Traditional Oak  
Carpentry**

Carpentry Repairs

New Oak Homes  
and Extensions

Garden Structures

Condition Reports

3D Design Service

**01449 768817**

[www.traditionaloakcarpentry.co.uk](http://www.traditionaloakcarpentry.co.uk)



## DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

[www.drdanielpoultr.com](http://www.drdanielpoultr.com)

I have long championed the need for brownfield development to be prioritised ahead of building on our precious Suffolk countryside and for planning decisions about new housing developments to be taken with our local communities at their heart.

It is because of my belief in protecting the countryside from over-development that a few years ago, I worked with other MPs to block suggested changes to the planning system. These changes would have potentially reintroduced a form of regionally set housing targets by the back door, as well as fast-tracked developments without proper local consultation or scrutiny. These changes were wrong and I am pleased to have played my part in stopping them.

However, the Levelling Up and Regeneration Bill, currently going through Parliament is different. The Government has listened to my views and is now set to reform the planning framework that will benefit local communities here in Suffolk.

A key part of the reforms will see a new development plan system being put in place at a local level, meaning that plans decided by local communities will be given much higher priority, with a presumption that the local plan must be followed unless there is a very strong reason to override it. This is a significant step forward given the amount of work that goes on in our local communities to inform local plans. I am also especially encouraged to see a “use it or lose it” clause being introduced, which will prevent developers from stockpiling land and gaming the system. In future developers will lose their planning consent unless they proceed to develop the site in a timely manner.

Suffolk’s towns and parishes already have the power to develop their own neighbourhood plans. Thanks to these important reforms, top-down regional housing targets will be a thing of the past, and Whitehall civil servants, many of whom have never set foot in Suffolk, will lose the power to impose massive new housing developments on our area. These new reforms will also help to increase the accessibility of neighbourhood planning by allowing Parish Councils to produce simpler, easier to produce ‘neighbourhood priorities statements’, which will undoubtedly be welcome news to our hardworking local Parish Councils.

Whilst I welcome these positive reforms, I am continuing to fight for new laws to allow a community right of appeal against a planning decision. Currently, developers have the right to appeal but communities do not. It is time to level the playing field. Bad planning decisions need to be challenged, and residents deserve the right to do so.

Finally, I am pleased to see that under the proposed reforms, new Local Plan Commissioners will be introduced to support or, if councils fail in their statutory duties, to take over plan-making, in tandem with a new set of measures to increase the effectiveness of planning enforcement.

These new planning reforms are an important step in the right direction, and I shall continue to do all that I can as an MP to ensure our local councils have better tools to make the right planning decisions in the future.



## Debenham High School News

### Loving Languages

It has been really exciting to see how the Modern Foreign Languages Faculty have been working to bring learning a language to life.

As an important skill to have in our modern world where travel is encouraged and communication is key, we want our students to have the chance to learn, and love, languages.

#### Polyglot Club

A new addition to the school's Club's list, Polyglot Club has become a firm favourite.

15-25 students attend every Friday lunchtime to hear about different languages and experiences – all of these have been home grown from students and staff sharing the languages and experiences they have had.

The teacher leading the group, Mrs Giles, says, "*Polish, Ukrainian, Italian, Shona, Lithuanian, Hungarian, Tagalog, Italian, Spanish, Swahili, Yoruba, Japanese, German, Danish, Africans, Russian, Arabic, French, Romanian..... These are some of the languages spoken within our school community right here in rural Suffolk! Who knew we were so diverse?*

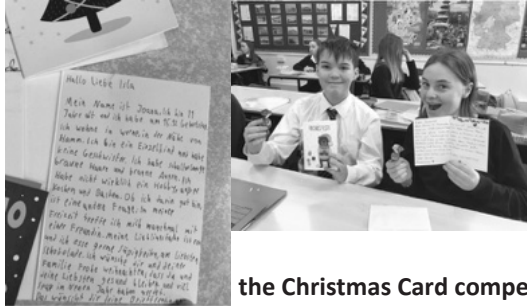
*It's been wonderful in Polyglot Club, learning about all these languages and cultures. Many members have filled their club passports and have earned a highly prized Polyglot Club badge, as well as a presenter's certificate. This term culminated in a visit to Debenham High School from the Polyglot, traveller, author and journalist, Alex Rawlings on Friday 24th March. Alex was named Britain's Most Multilingual Student in 2012 after being tested for fluency in 11 languages and has since gone on to learn many more! Alex spoke to our years 7 and 8 and Polyglot Club about his exciting travels and the fun he's had with languages and language learning.*

*Polyglot Club meets every Friday lunchtime at 1.25 in room 16. We always welcome new members and love to expand our knowledge of different languages and cultures."*

#### Celebrating Festivals

A number of opportunities were taken at Christmas to celebrate other languages and culture – the Christmas Card competition; the German exchange of Christmas cards with our partner school in Hamm. Also a great evening celebrating Sankt Martin Laternenumzug where over fifty students and their families came to a traditional lantern evening. As well as singing in German and processing with lanterns, there were traditional German snacks to eat!





the Christmas Card competition in December!

With Easter just around the corner as I write this article, the Polyglot Club have launched their Easter Competition. Students are invited to research traditions of a non-English speaking country and make something creative based on it. Let's hope this is as successful as

### Enrichment through Trips and Visits At home

On Thursday 19th of January 2023 twelve members of the Polyglot Club travelled to Holy Trinity Church, Norwich to spend a morning with English+ , a Christian charity that supports new communities in Norwich to learn English, form friendships and to make the city a home. They welcome anyone who finds themselves isolated by lack of English language including refugees and asylum seekers; beginners and advanced; young and old; all faiths and none. Six DHS students helped with English lessons for adults whilst the others joined in with 'Chat and Play', a group for mums and preschool children.



### And abroad...

In July 2022, our Year 10 and 11 GCSE French students visited Normandy in France on their Immersion trip.

Then in February 2023 21 students went on a five day immersion Spanish trip to Granada which both allowed the chance to experience Spanish life as well as work on their language skills.



### Leadership Opportunities

Taking their responsibilities seriously, we have a team of Year 9 students who assist with projects in the Modern Foreign Languages Faculty as well as plan and deliver lessons at the local primary school.

We also hosted a German teacher, Dani Poertzel from Leipzig, who became a real asset in languages classrooms and beyond, especially being able to share her own family's history of life in Berlin during the Cold War.

## DAVID SHACKLOCK BOOKS

27 High Street Debenham

*Second-hand books  
bought and sold*

Normal opening times

Tues. 10am - 1pm: 2pm - 5pm

Friday 2pm - 7pm

Saturday 10am - 4pm

dshacklock4@gmail.com

## G M FOWLER



Painting and  
decorating work,  
plus all those odd jobs  
around the house  
you can never get  
anyone for!

High Quality Professional Work  
**FREE QUOTES & ESTIMATES**

**01728 685448**

**graham.fowler@ymail.com**

## Martin Dix Carpenter & Joiner



smart.dix@tiscali.co.uk

**01728 861665**

**07933 138059**

Kitchens, doors, skirting, decking,  
fencing, cladding - All woodwork  
and domestic jobs considered

## Nina Hemingway

A.C.M.A.

**Chartered Management Accountant**

Informative, personal service  
on all matters of accounts  
(sole trader to Ltd. company)  
and taxation.

Hill House, Kenton Road,  
Debenham, Suffolk IP14 6NF

**Telephone: 01728 861471**

## HAIR @ HOME

EXPERIENCED MOBILE HAIRDRESSER



FOR CONSULTATION / APPOINTMENT

**Debra 07867 963783**

## J. FELTON CHIMNEY SWEEP

- Clean & Friendly Service
- Smoke Tests
- CCTV Inspections
- Fully Insured
- Insurance Certificates
- Competitive Rates

**PLEASE CALL 01986 799175**



Registered member of the Institute of Chimney Sweeps



ENJOY ONE BIG DAY OUT

# Stonham Barns motorcycle SHOW



SUNDAY 7 MAY 2023 - 10AM-4PM

Adult £10  
Passenger £10  
Under 12 FREE

For motorcycle enthusiasts everywhere. Featuring award-winning sports bikes, café racers, old school choppers, lifestyle products, Extreme Wheelie motorcycle simulator and a Wall of Death. Showing displays from 2Bros Stunt Team and world class stunt rider Lee Musselwhite. Trade and dealership stands, autojumble, live bands, bars, hot food outlets and lots more.

VISIT OUR WEBSITE FOR OTHER SHOWS IN 2023



ONSITE FACILITIES  
INCLUDE:



- CARTERS OF SUFFOLK TEAPOT POTTERY
- SUFFOLK OWL SANCTUARY
- STONHAM BARNES GOLF PARK
- RETAIL VILLAGE
- CHILDREN'S ATTRACTIONS
- CAFE & TEA ROOM
- LEGENDS BAR & CLUBHOUSE
- REGULAR FAMILY EVENTS AND SHOWS



FREE PARK ADMISSION & PARKING (Some attractions may charge) • OPEN 7 DAYS A WEEK

How to find us:  
PETTAUGH ROAD, STONHAM ASPAL,  
SUFFOLK, IP14 6AT



For more information visit:  
[STONHAMBARNES.CO.UK](http://STONHAMBARNES.CO.UK)



**Boundary Solutions**

- Fencing
- Decking
- Gateways
- Bespoke garden projects

Daniel Burrows  
07789556468

THE  
**LOG BURNER  
BARN**

01379 454299





- Full installation service
- Hetas registered engineer
- Eco Design clearSkies 5
- British and Danish made stoves
- Energy Efficiency Class A+
- Free survey & Quote

Show room open Tues-Fri 10-5 Sat 10-1 visit:  
Aldridges Farm Fressingfield Road Laxfield IP13 8EN  
[www.thelogburnerbarn.co.uk](http://www.thelogburnerbarn.co.uk)



As fuel and food prices increase, more people are struggling to provide for their families



Please buy an extra tin or packet to put in the box at the back of the church in Debenham

The food will be taken regularly to Eye for distribution by the Waveney Food Bank



**John 3: 16**

**“For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life.”**

I am sure you will have heard of the question “Which came first the Chicken or the egg?” In the same way we could ask the question “which came first Christmas or Easter?” I Can hear you all shouting “Christmas!” Which chronologically is right, but at the same time if we did not have Easter then we would not have Christmas.

Because without the Death and Resurrection of Jesus Christ we would not have the need to celebrate his birth at Christmas. Easter is the more important of these two festivals. Easter is the time when God renewed His covenant with all his people.

Through Jesus’ Death and Resurrection Jesus took all peoples’ sins both past and future, onto Himself, which means we are forgiven even before we have committed a sin as long as we acknowledge and repent.

For most people Easter is a time for Easter eggs and Holidays, and it has become commercial, which means they’ve missed the real reason for Easter ,that God did something so amazing, that it changed the world for all time and is still changing the world if we only let it.

At Easter new life comes into the world no matter how bad the world gets. Easter reminds us that God is constantly re-creating and we are part of that re-creation, if we only accept that call that Jesus Christ gave from the Cross and become Gods People, accepting the New life He offers.

**Happy Easter**

**Robert**

## **URC Services**

Sunday 2nd April	Rev Barbara Challis (Communion service)	10:45 am
Sunday 9th April	Rev Robert Sheard	10:45 am
Sunday 16th April	Mr Steve Wincoll	10:45 am
Sunday 23rd April	Mr Kevin Catto	10:45 am
Sunday 30th April	Mr Jonny Huggins	10:45 am

### **All services followed by refreshments and chat**

Sunday 30th Cakes & Choruses 3:00pm, come for a sing and a munch through some lovely home made cakes. Everyone is welcome, you will have great fun and you don't have to come to our church to qualify to have a sing and a cake!

## **Friends and Neighbours**

Tuesday 6th Friends & Neighbours 2:00pm with Mr John Knights.

## **Coffee Mornings**

Don't forget Coffee Morning every Tuesday 10:00-11:30. Everyone and anyone welcome. If you like coffee, tea and nice biscuits, this is the place for you!

### **Tuesday 18th church AGM 2:00pm**

By way of an update on the church renovation progress; several of our pews have been relocated to private local homes and the rest will shortly be taken by a local antiques dealer. Our very brave member Chris, who has been sporting very pink hair for the last few weeks has now raised over £2000 for the building project. It's not too late to get involved and sponsor him as his pink hair has just been refreshed (no letting it grow out!) and he will be in the pink until the end of the month. Please give Chris a call on 01449 711824

Any amount will be gratefully received.

## **URC Points of Contact**

Minister	Rev Robert Sheard	01449 678173
Secretary	Mr Laurence Kelway	01728 860473
Treasurer	Mrs Janet Smith	01728 860857
Social Secretary	Jean Rodwell	01728 861065

## YOUR RELIABLE LOCAL PLUMBER



Anglian Water Approved

**Mark Jardine**  
Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

**Tel: 01728 628291 Mob: 07854 924 801**

**Email: [mgjardine@btinternet.com](mailto:mgjardine@btinternet.com)**



**Denmark House, 41 Bury Street, Stowmarket**  
**01449 612812/ 674030**

As independent opticians we offer a more personalised eyecare service that you can trust for all the family including:

- The Optomap retinal examination
- A wide range of competitively priced frames and lenses
- Contact Lenses
- Colorimetry Testing
- Prescription and non-prescription sunglasses
- Spectacles for sport and DIY

***YOUR SIGHT CARE IS OUR PRIORITY***

### A Tribute to John Rogers

As a bowls club we are all saddened to learn of the passing of a much respected bowls club member and past President John Rogers. John had played bowls for many many years, he had a real heart for the club and its members. John was quick-witted and full of fun but most of all he was generous with his time, spending many hours helping new members develop their skills for bowls to enable them to go on and enjoy the sport just like he did.



When John served as president he worked enormously hard, trying when ever he could to encourage people to join the Debenham Bowls Club. He was also a great fund raiser for the club. One of those fundraisers being the fun and entertaining camel race evenings which reflected John's flare and fun for life.

His wife Evie was a great support to John when he was President. I know he wouldn't mind me saying this but John and technology didn't go together, so he relied very much on Evie to do all the computer work for him which was very much appreciated.

As a club we send our condolences to Evie and the wider family as they come to terms with his loss.

You were a friend to many John and I know we all valued your friendship. We are all going to miss you but you have left us with many happy memories to treasure. A huge thank you our dear friend, the club will not be the same without you. Rest in peace.

Audrey

**JD Tree Services**  
& COUNTRYSIDE MANAGEMENT LTD

- Tree removal, felling or reduction
- Site clearance
- Stump grinding
- Waste removal
- Hedge cutting
- Chipping

Professionally trained, fully insured,  
friendly service  
Call today for a free no obligation quote

**City & Guilds**  
**NPTC**  
Qualified

tel: 01379 671285/07736 311782  
email: [info@jdtrees.co.uk](mailto:info@jdtrees.co.uk)  
web: [jdtrees.co.uk](http://jdtrees.co.uk)

Cheekatrade



*The Club* by James Barrett is a whimsical and irreverent tale set in a fictional Rotary Club in Debenham. It's not all Santa's sleigh and smiling children. £11.99 at Amazon and other bookshops



**T. L. PLANT HIRE**

*If you are in a hole...  
...we'll dig you out*

MINI & MICRO DIGGERS • DUMPERS  
BREAKERS • MIXERS • TELEPORTERS  
SMALL PLANT • SCARIFIERS  
TURF CUTTERS  
WACKERS • ROTAVATORS  
STRIMMERS • TOOL HIRE

**07881  
642232**

[tom@tplanthire.co.uk](mailto:tom@tplanthire.co.uk)  
Bridge House, Denmark Hill, Palgrave, Diss IP22 1AB

*Diggers can be provided with operator, if required.*

**THE  
BIG  
HELP  
OUT**



Lend a hand. Make a change. 

To advertise in the magazine  
please contact Richard Blackwell Tel 01728 861815 or email:  
[richard.blackwell99@outlook.com](mailto:richard.blackwell99@outlook.com)

## DEBENHAM PARISH COUNCIL

The Parish Council meeting for March was postponed but here is the report from February

“Save the Angel”: The Parish Council has approved a funding application to the tune of £2,650.00 which will cover the cost of a new survey of the Angel and also support the group in their achievement of being accepted into the Plunkett Foundation. The Group is in the process of being formally constituted and is currently running a parish wide survey, which we would encourage parishioners to partake in.

Debenham Meet-Up: Our meet-up on Monday mornings at Dove Cottage continues to open its doors to anyone wishing to come in for a drink, a friendly chat , a good read/game or even some arts and crafts. The scheme was recently visited by the Communities Officer from Mid Suffolk District Council, who has since sung our praises and indicated that we may be used as a case study for the Council. Thank you to all our volunteers and guests (puppies included) who make it such a wonderful amenity. With the new funding which has since been made available, long may the initiative continue!

Highways: The Clerk and Cllr R Blackwell met with a SCC Highways Engineer in order to look at a number of issues raised in the village. Some of these will involve a Traffic Regulation Order being created, which could take up to 18 months, at a cost of £12,500. The Parish Council will continue working on this project but we are delighted to inform you all that one of the matters raised is being actioned very soon, and that is the moving of the 30mph signage by the new development on Aspoll Road.

### Community Awards 2023:

As this is an election year, the Debenham Annual Parish Meeting will take place on April 24<sup>th</sup>, with our last Parish Council meeting for the current cohort of Councillors being on April 17<sup>th</sup>. We would, therefore, ask that any nominations reach us no later than April 15<sup>th</sup>, so that there is sufficient time to consider nominations and advise recipients. For more information, please contact the Clerk.

We would also like to take this opportunity to invite representatives from all our local organisations to attend the Annual Parish Meeting on April 24<sup>th</sup> (details to follow). This is a lovely opportunity for your group to provide the parish with an update, present future plans, and network, whilst enjoying a drink and nibbles.

*Mrs Dina Bedwell, Clerk and Responsible Financial Officer*

*Tel. no: 01473 787861 / Mobile: 07423 184529 (please leave a voicemail if unavailable)*

*Email: [Parish.Clerk@debenhamparishcouncil.org](mailto:Parish.Clerk@debenhamparishcouncil.org)*

*Office hours: Mondays, Tuesdays and Fridays, 9.30 am to 3.30 pm*



# David Friend Heating Services

Oil – Gas – LPG – Renewables Service – Repair – Installation

Tel 01394 411839 07786 971425

- 
- Boiler Servicing Oil, Gas & LPG
  - Boiler Repairs
  - Landlord Safety Certificates
  - System Upgrades
  - Boiler Replacements
  - Complete Heating Systems
  - Oil Tank Installations
  - Power Flushing
  - Plumbing



Registered Business






**VISSMANN** 10 year warranty on all Viessmann Gas Boilers  
 5 year warranty on all Grant Oil Boilers  
 10 year warranty on all Grant VortexBlue Oil Boilers



## Making your vision a reality

Create your dream home with a partner that can deliver a truly customer-led bespoke service.

 [www.baldwinhomeimprovements.co.uk](http://www.baldwinhomeimprovements.co.uk)  
 [info@baldwinhomeimprovements.co.uk](mailto:info@baldwinhomeimprovements.co.uk)  
 07939 832 459



SCAN ME

Windows | Doors | Conservatories | Facia & Soffits | Cladding

## Debenham Green Team litter pickers, clean up again!



There was a great turnout on Saturday March 18th for the 17th Debenham Green Team Litter Pickers event- 30 people cleaning up for Mother Earth and taking part in the Keep Britain Tidy Great British Spring Clean Up.

I thought the rain a few days earlier may have sadly swept all of the fag ends, sweet wrappers, cable ties, etc down the drains and into the ditches to the Deben and then the sea—that's where it goes if we leave it there .

However, our efforts were worthwhile, we were still in time to gather up over 70kg of assorted litter, dropped within our parish, and record and report fly tipping and grot spots in our village.

Whenever I write for the magazine, I know the audience is people who care about community already -so, the message we all need to get across to friends, family, colleagues, and teach our children, is -

Manage your waste- keep it in your car, put it in your bag or pocket until you come across a bin to place it in. Especially, the small stuff- fag ends- they get into and block the drains, and birds feed fag ends and other small stuff to chicks. Our seabirds are endangered by this. We are fortunate to live in a country where we have systems we can use to manage our waste, surely it is our duty to use them...

Something difficult to get rid of? - Contact

[public.realm@babberghmidsuffolk.gov.uk](mailto:public.realm@babberghmidsuffolk.gov.uk) for advice. Use a reputable person to remove waste- fly tipping is a crime that isn't victimless-it pollutes land, can impact on wildlife and costs US ( via the District Council) farmers and other landowners to have it removed-prior to which it can harm cattle, horses and other mammals.

Pick it up- it's usually really easy to pick up litter as and when we see it- '5 a day' if we all do this, a huge impact will be made !

If you are willing to adopt an area-part of your street, your close, a ditch or another green space, please get in touch for equipment, advice and support. Anyone can do this.

If we work together, we can make this place we are in, as beautiful and unspoilt as possible- and thus join in with all the many other people who are doing the same, beyond Debenham!

Joy Walton  
[joyw@btinternet.com](mailto:joyw@btinternet.com)  
01728 860007



## Benefice Church Services

April

Sunday 2nd PALM SUNDAY	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
GOOD FRIDAY 7th	1.00pm	Aspall	Walk to Debenham
	2.00pm	Debenham	Good Friday service
Sunday 9th EASTER SUNDAY	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Holy Communion
	11.00am	Framsden	Holy Communion
		Kenton	Family Service
	Pettaugh	Holy Communion	
	Helmingham	Holy Communion	
Sunday 16th	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
11.00am	Kenton	Morning Prayer	
	Framsden	Holy Communion	
Sunday 23rd	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer
Sunday 30th	10.00am	Aspall	Benefice Service



THE BENEFICE OF  
DEBENHAM & HELMINGHAM



### Ministry Team

**Rector** Revd Susan Taylor [revsusantaylor@icloud.com](mailto:revsusantaylor@icloud.com) **01728 860222**

**Curate** Revd Tracey James [traceyjamescurate@gmail.com](mailto:traceyjamescurate@gmail.com) **01728 861656**

**Readers** Veda Berriman [r.berriman111@btinternet.com](mailto:r.berriman111@btinternet.com) **01728 861363**

Mark Trevitt [mail@wheelertrevitt.co.uk](mailto:mail@wheelertrevitt.co.uk) **01473 890568**

### Churchwardens

**Debenham** Sheila Blackwell [sheila.blackwell@icloud.com](mailto:sheila.blackwell@icloud.com) 01728 861815

Betty Connors [bettyconnors@outlook.com](mailto:bettyconnors@outlook.com) 01728 860513

**Helmingham** Mark Trevitt [mail@wheelertrevitt.co.uk](mailto:mail@wheelertrevitt.co.uk) 01473 890568

**Aspall** Andrew Ward 01728 860343

**Framsden** Christine Schofield [christine@cpwpost.com](mailto:christine@cpwpost.com) 01728 684076

**Kenton** Vic Woodgate [vicwoodgate@winterbrook.co.uk](mailto:vicwoodgate@winterbrook.co.uk) 01728 861118

**Pettaugh** Sheila Janson [s.janson@btinternet.com](mailto:s.janson@btinternet.com) 01473 890883

**Winston** Brian Branch [cmcbranch@btinternet.com](mailto:cmcbranch@btinternet.com) 01728 861004



**DOVE COTTAGE**  
Available for hire

Meetings, clubs, lunches, parties,  
Christening and funeral teas.  
Fully equipped kitchen. Wi-fi.

For further information please  
contact Ray Watts - 01728 860255

**St. Mary's Reflection for April  
from Rev'd Canon Susan Taylor**



**Step inside the peaceful beauty of Debenham Parish church and you will notice how the light from those high, clear south windows falls across the holy space. Take a few steps further into the building and you can't miss the east window at the far end of the church upon which is depicted Jesus; hanging on the cross. It is a graphic and, honestly, not very 'beautiful' image. But it is immensely powerful; the culmination of Jesus' ministry here on Earth. Underneath is written, 'It is finished'. Words from the Gospel of John Chapter 19, verse 30.**

**In the very first years of the Christian church, those early years after Jesus' death, Christians asked themselves lots of questions about his death. Why did it happen? What did it mean? What sort of Messiah gets executed? Reading the New Testament, you can see the minds of those early Christians working and comparing notes to try to make sense of the fact that Jesus, their Lord, was put to death as a common criminal.**

**Two thousand years later nothing has changed. Every theologian, every Christian, everyone who sits in our parish church, must wonder from time to time what the death of Jesus is all about... and what its meaning is for us today. The answers to these questions, the interpretations of his death are many and varied. But they all agree on one thing; that in some way or another this death changed the world and changed our connection with God. We call it the at-one-ment with God... or, to use a rather dense theological term, the 'atonement' with God. And the many interpretations also agree that even though it was at this point that God seemed most distant, most quiet, absent even – it was at this point that God's nature was most fully revealed and God's love closer to God's world than ever. Creation and Creator 'at one' and drawn together somehow by this death.**

**As the church celebrates Easter this month it is not the death of Jesus we celebrate. We celebrate the new life and the love that was evident through his death. Jesus' earthly work was finished, but in this was revealed God's saving grace, divine love and eternal life. Gifts open to us all this Easter.**

*Adapted from **By Way of the Heart**, by Mark Oakley*

## **Holy Week with your Parish Church**

**Palm Sunday 2<sup>nd</sup> April**

**9.30am family@church palm procession!**

**Monday 3<sup>rd</sup> Tuesday 4<sup>th</sup>, Wednesday 5<sup>th</sup> April**

**7.00pm Compline, Debenham Church**

**Maundy Thursday 6<sup>th</sup> April**

**7.00pm – Holy Communion (Foot Washing), Debenham Church**

*[Afterwards the church remains open for a period of meditation and prayer]*

**Good Friday 7<sup>th</sup> April**

**1.00pm – Walk of Witness, Aspall Church to Debenham Church**

**2.00pm – Service for Good Friday, Debenham Church**

**Holy Saturday 8<sup>th</sup> April**

**10.30am – Children’s Activities, Debenham Church**

**Easter Day 9<sup>th</sup> April**

**8.00am – Aspall, Holy Communion**

**9.30am – Debenham, Holy Communion**

**9.30am – Winston, Holy Communion**

**9.30am – Framsdon, Holy Communion**

**11.00am – Helmingham, Holy Communion**

**11.00am – Kenton, Family Service**

**11.00am – Pettaugh, Holy Communion**



THE BENEFICE OF  
DEBENHAM & HELMINGHAM

# Debenham Veterinary Practice



1 Cherry Tree Lane  
Debenham  
Stowmarket  
IP14 6QT

[debenhamvets@gmail.com](mailto:debenhamvets@gmail.com)

[debenhamvets.co.uk](http://debenhamvets.co.uk)

Locally owned and run by  
Veterinary Surgeon Peter Wilson

On site 24 hour emergency service

Same vets for continuity of care

State of the art facilities

Digital x-ray and ultrasound

Ample parking on site

**01728 861289**

- ◇ First point of call for all small animal healthcare needs and problems
- ◇ Cut vet bills and spread the cost with our Pet Healthcare Plan
- ◇ Affordable, tailored insurance with Debenham Vets



## Marsh Accountancy

For all your Personal & Business accounting needs

- Self Assessment & Personal Tax •
  - Book-keeping •
- Accounts Preparation •
  - PAYE • Payroll •
  - VAT • CIS •

**Telephone Debenham (01728) 860727**